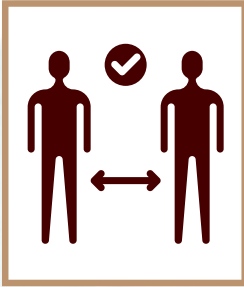


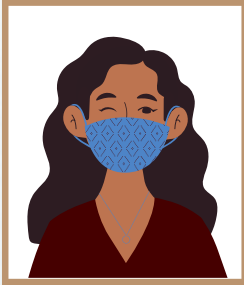
# PREVENT THE SPREAD OF COVID-19

PROTECT YOURSELF & OTHERS BY FOLLOWING THESE SIMPLE STEPS



## WATCH YOUR DISTANCE

Keep 6ft between you and others when outside your home.



## WEAR YOUR MASK

Remember to cover your mouth and nose with a mask when around others.



## WASH YOUR HANDS

Wash your hands with soap and water for at least 30 seconds.



## COVER YOUR COUGHS

Remember to cover your mouth and nose when you cough or sneeze with a tissue or the inside of your elbow.



## GET THE COVID-19 VACCINE WHEN YOU CAN

The COVID-19 vaccines are safe and will save lives. The COVID-19 vaccines will decrease the spread of COVID-19 in our communities.

**TOGETHER WE CAN PROTECT OUR RELATIVES FROM COVID-19**

FOR MORE INFORMATION VISIT  
<https://greatplainstribalhealth.org>