



What to expect after your COVID-19 vaccine?

The COVID-19 vaccine will protect you and your relatives from getting COVID-19. **Side effects are normal signs that your body is building protection.**



Common Side Effects

On the arm where you got the shot:

- Pain
- Swelling

Throughout the rest of your body:

- Fever
- Chills
- Tiredness
- Headache



Helpful Tips

If you have pain or discomfort you can talk with your doctor about taking over-the-counter medicines.

To reduce discomfort from fever:

- Apply a clean, cool, wet washcloth over the area
- Use or exercise your arm

To reduce pain and discomfort where you got the shot:

- Drink plenty of fluids
- Dress lightly



Call Your Doctor IF:

It is normal to experience some discomfort or pain from a fever. Call your doctor or healthcare provider if:

- If redness or tenderness where you got the shot increases after 24 hours
- If your side effects are worrying or you do not seem to be going away after a few days

