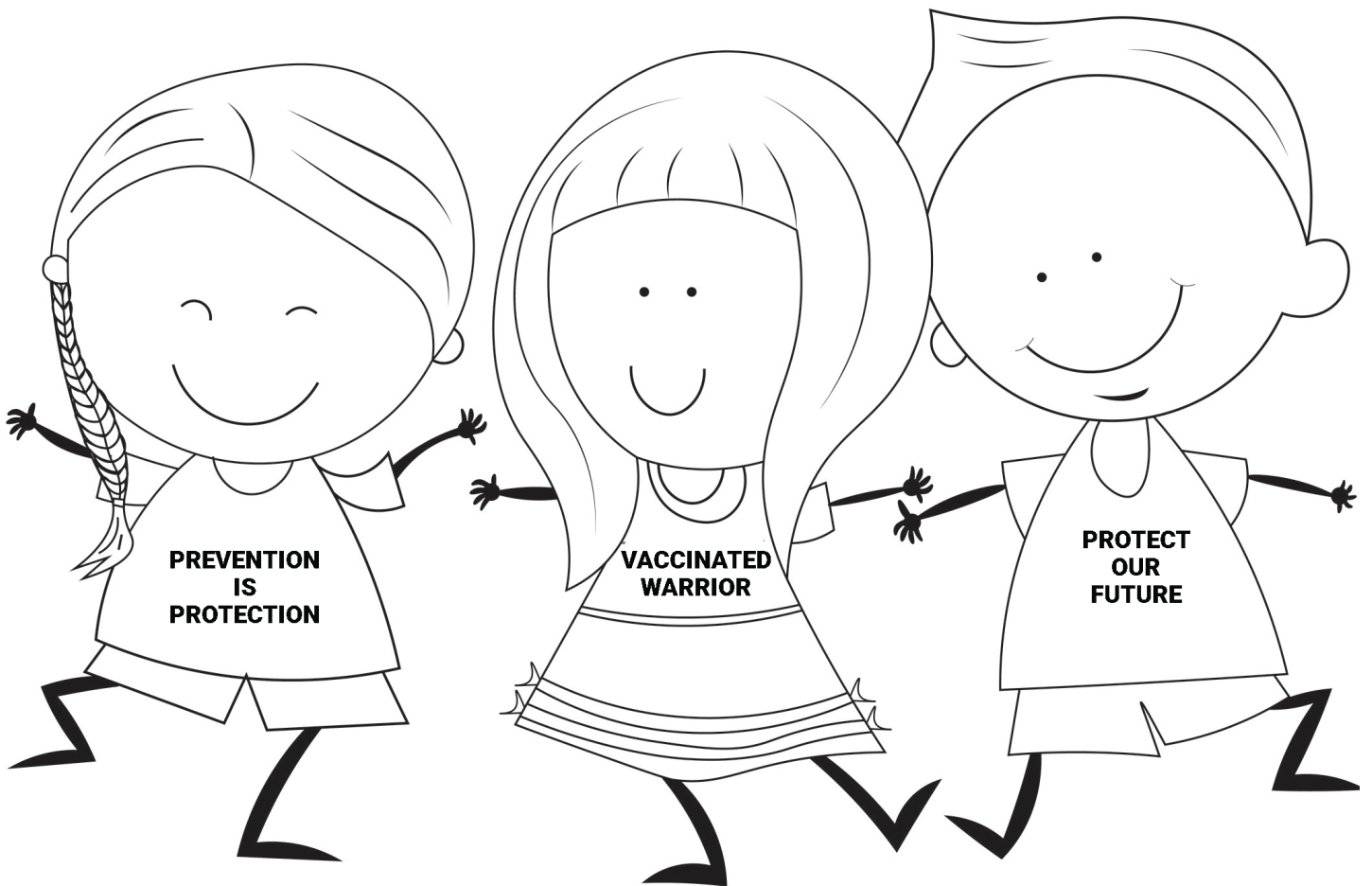


My Vaccine Activity Book

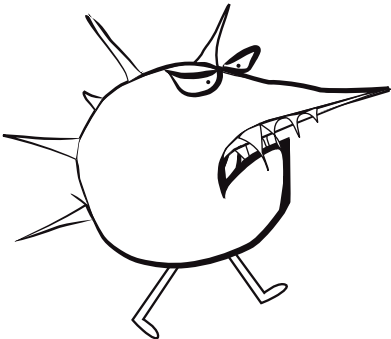
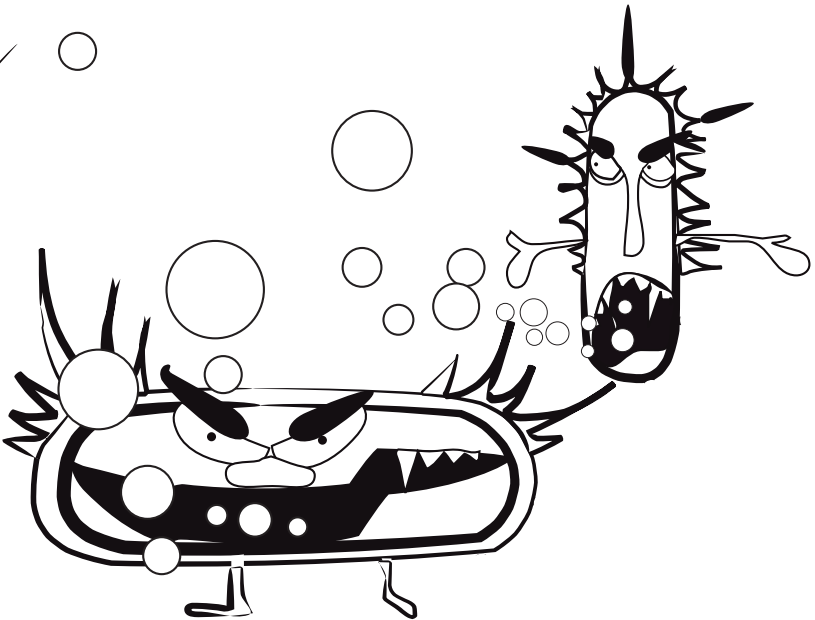
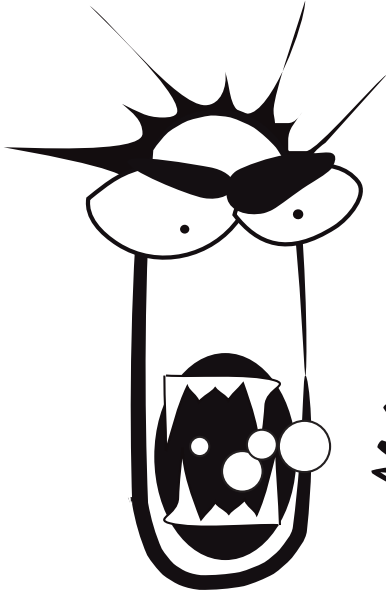


My Vaccine Activity Book

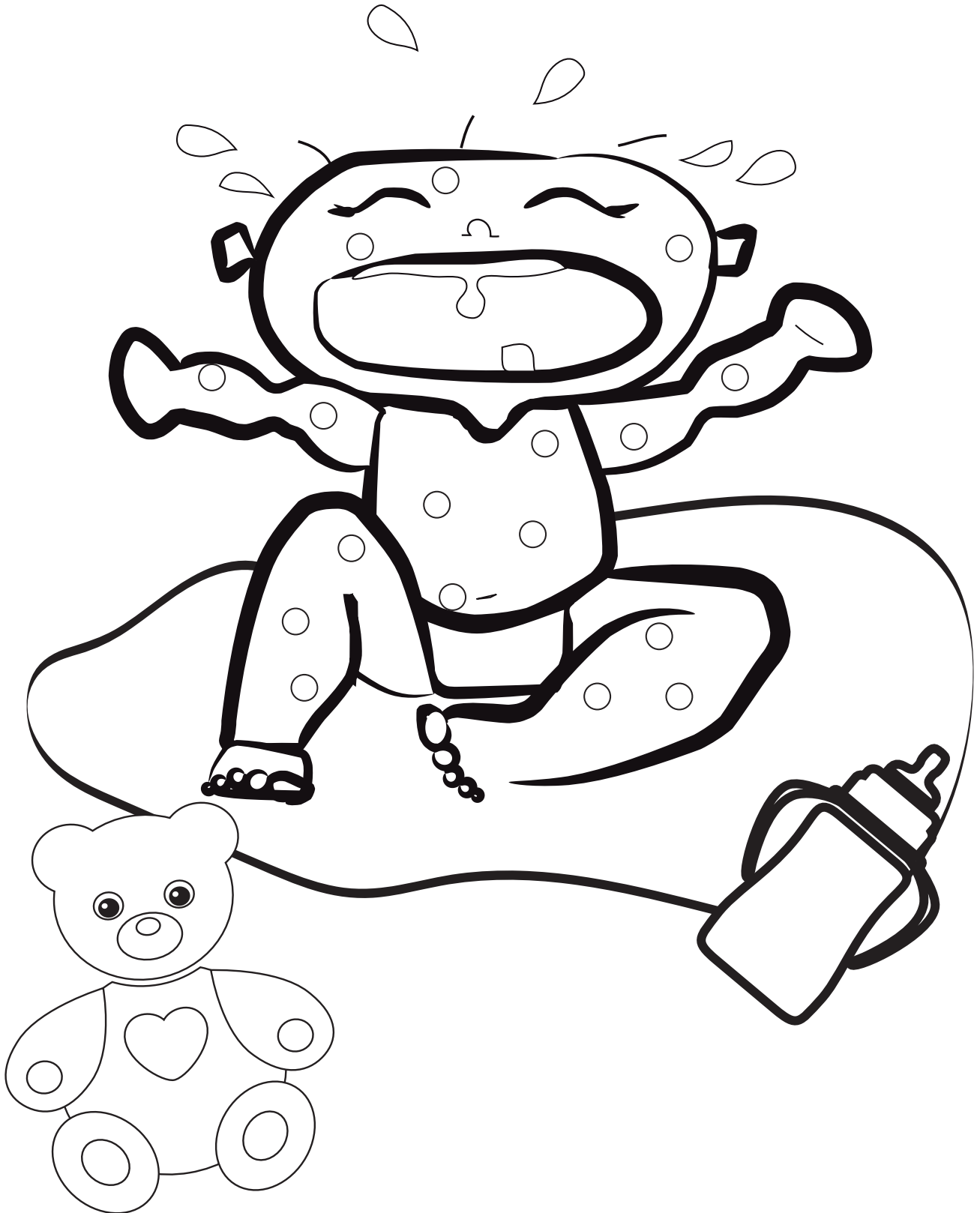


Your name here: _____

Sometimes, germs like bacteria and viruses get in our bodies. This can make us sick!



Our immune system helps us fight the germs. Then we get better. But, sometimes these germs can make us **VERY** sick.



Unscramble these letters to find the words!

1. AEYHTLH _____

2. EGRSM _____

3. SRIVU _____

4. TBIECRAA _____

5. NUIEMM _____

6. AICCNEV _____

7. ECLL _____

8. IEENSCC _____

9. CIMNIEDE _____

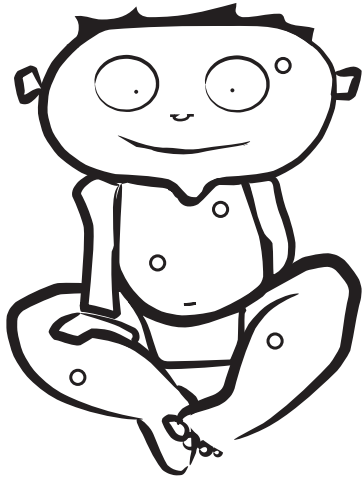
10. ISKC _____

Answers can be found on the inside back cover.

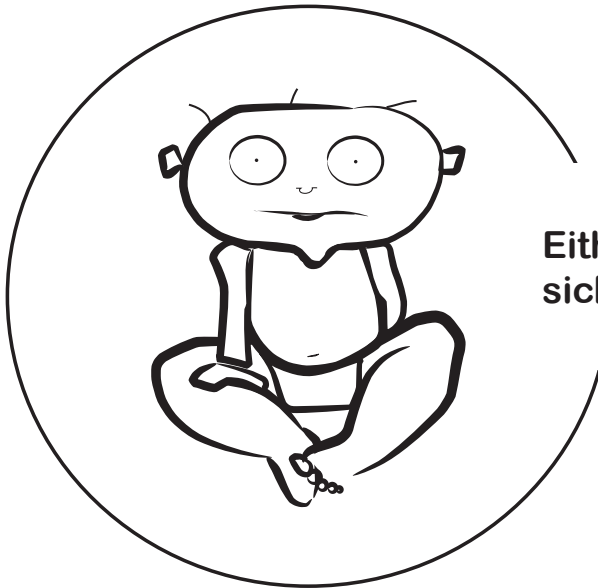
**A long time ago, scientists found ways to protect us
from some of the diseases that make us sick.
They made VACCINES!**



We can take a look at how vaccines work.

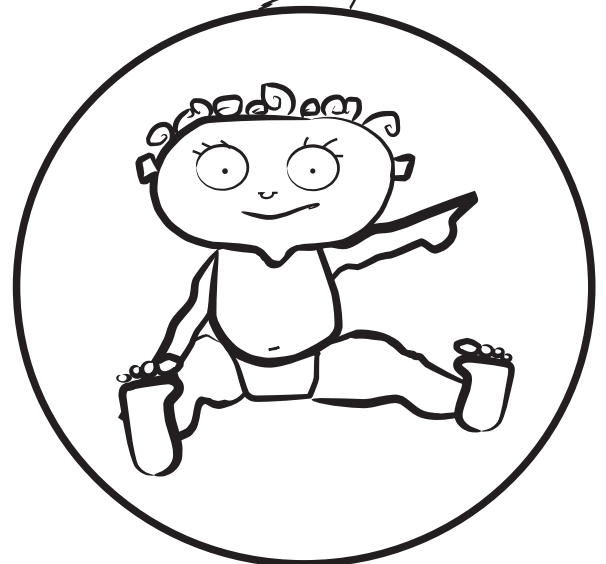


Some people get sick, but not too sick.
BUT, some people get VERY sick.

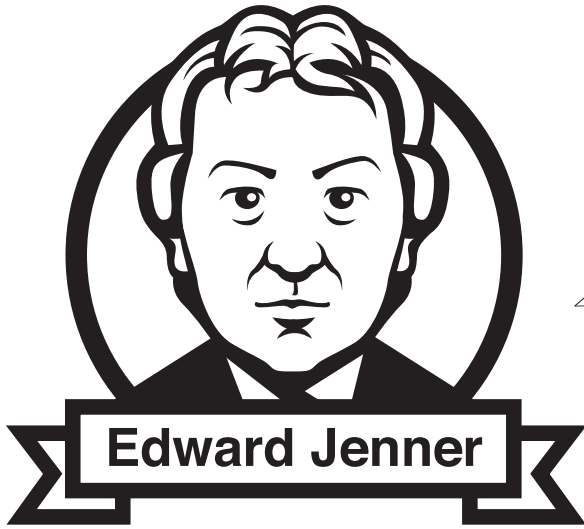


Either way, both people are safe from being sick again. This is called "immunity."

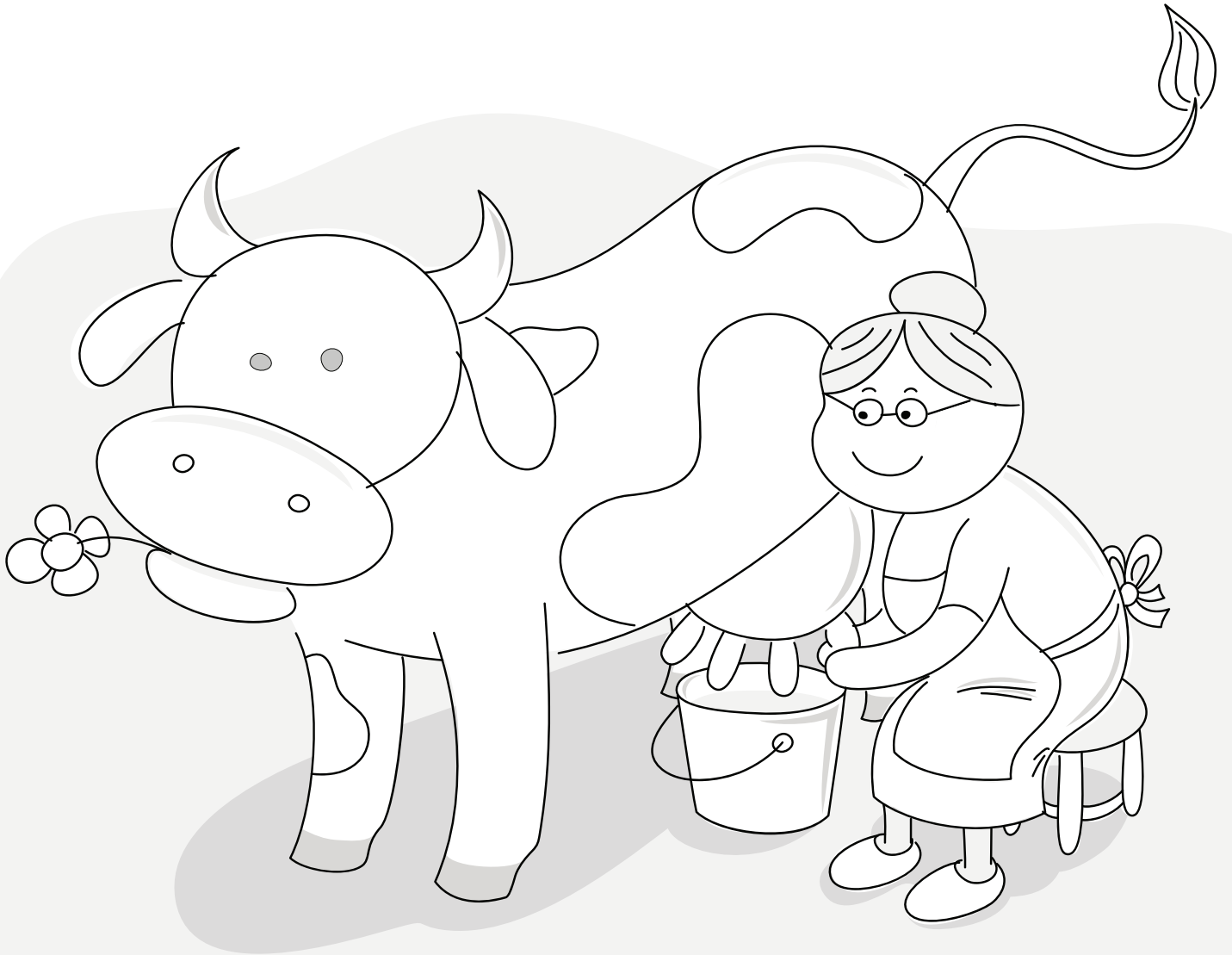
When you get a vaccine, you get immunity but you do not get sick.



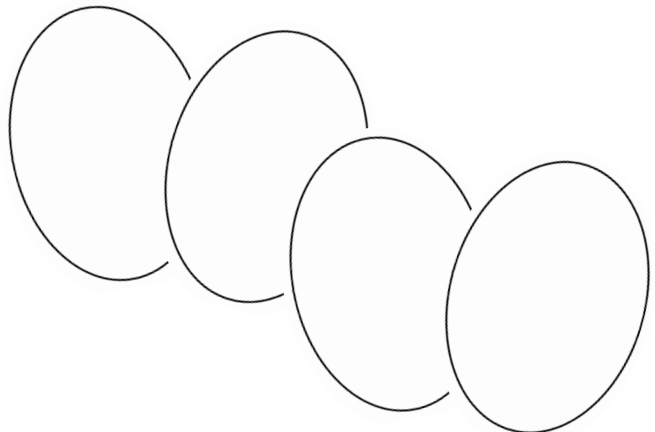
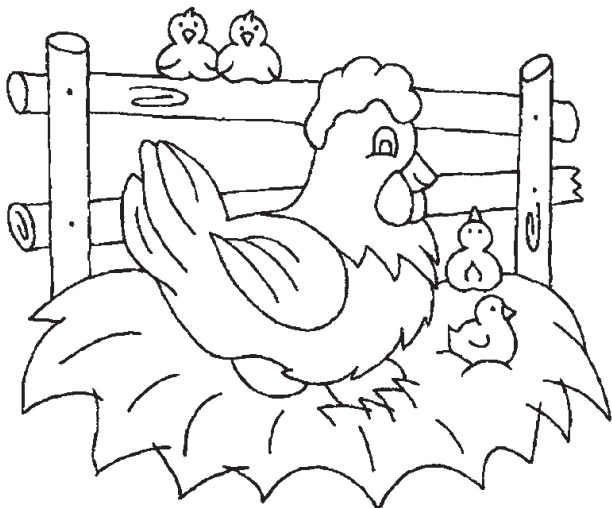
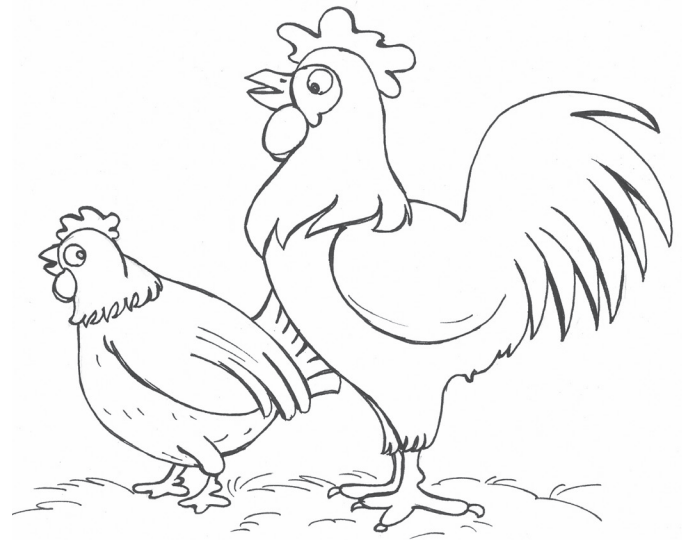
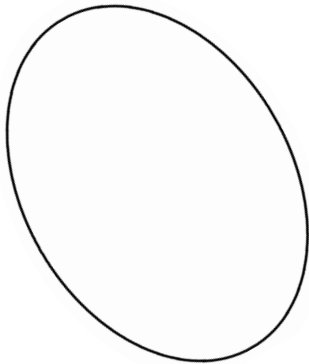
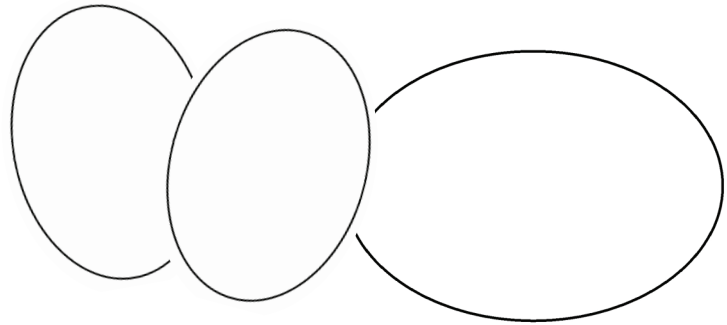
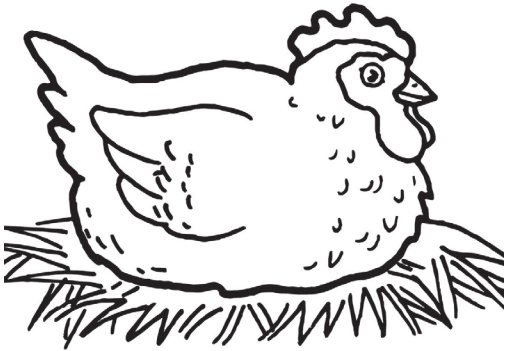
Edward Jenner and Smallpox



*I made the first vaccine.
This vaccine was for
smallpox. I made the
vaccine with the help of
a cow and a milkmaid!*

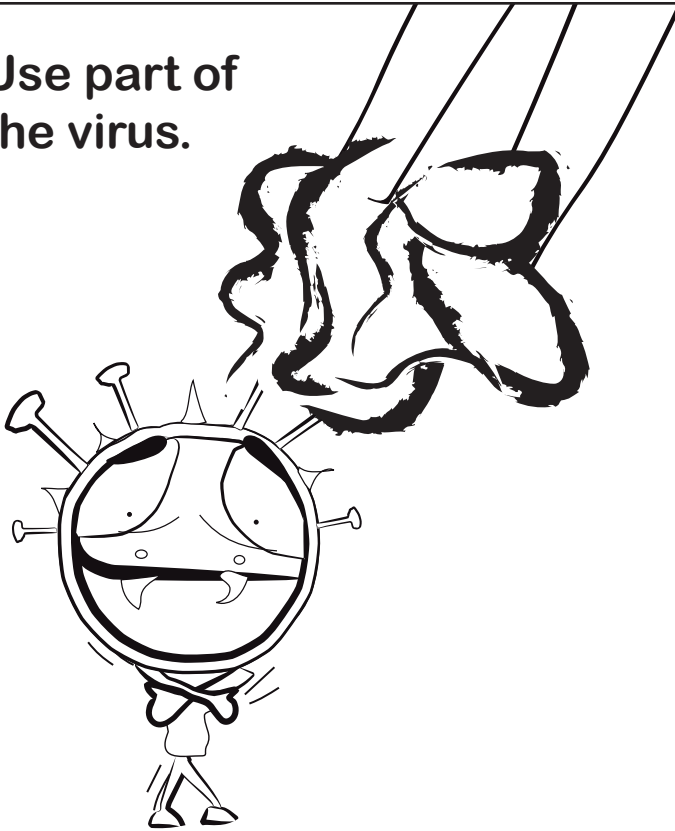


Cows helped us make the smallpox vaccine. Chickens helped us make the flu vaccine. Flu vaccines were made in chicken eggs. We still use eggs to make some flu vaccines. But, new discoveries help us make flu vaccines in other ways, too.



Vaccines are made in a few ways.

Use part of the virus.



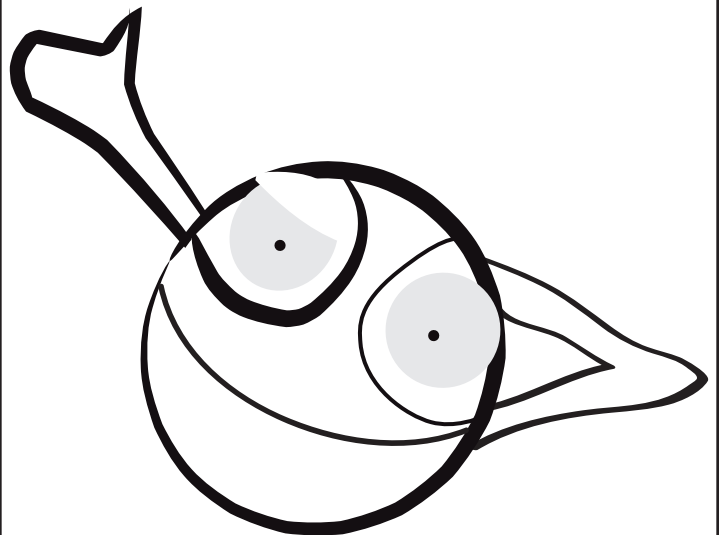
Use part of the bacteria.



Use dead virus.



Use live, weakened virus.



Many people helped make vaccines over many years. Scientists all over the world still work to make new vaccines. We know that vaccines help keep us healthy.



We developed the first whooping cough vaccine.

I developed the polio vaccine. Families helped pay for the research by sending dimes to the White House. That was the start of the March of Dimes.

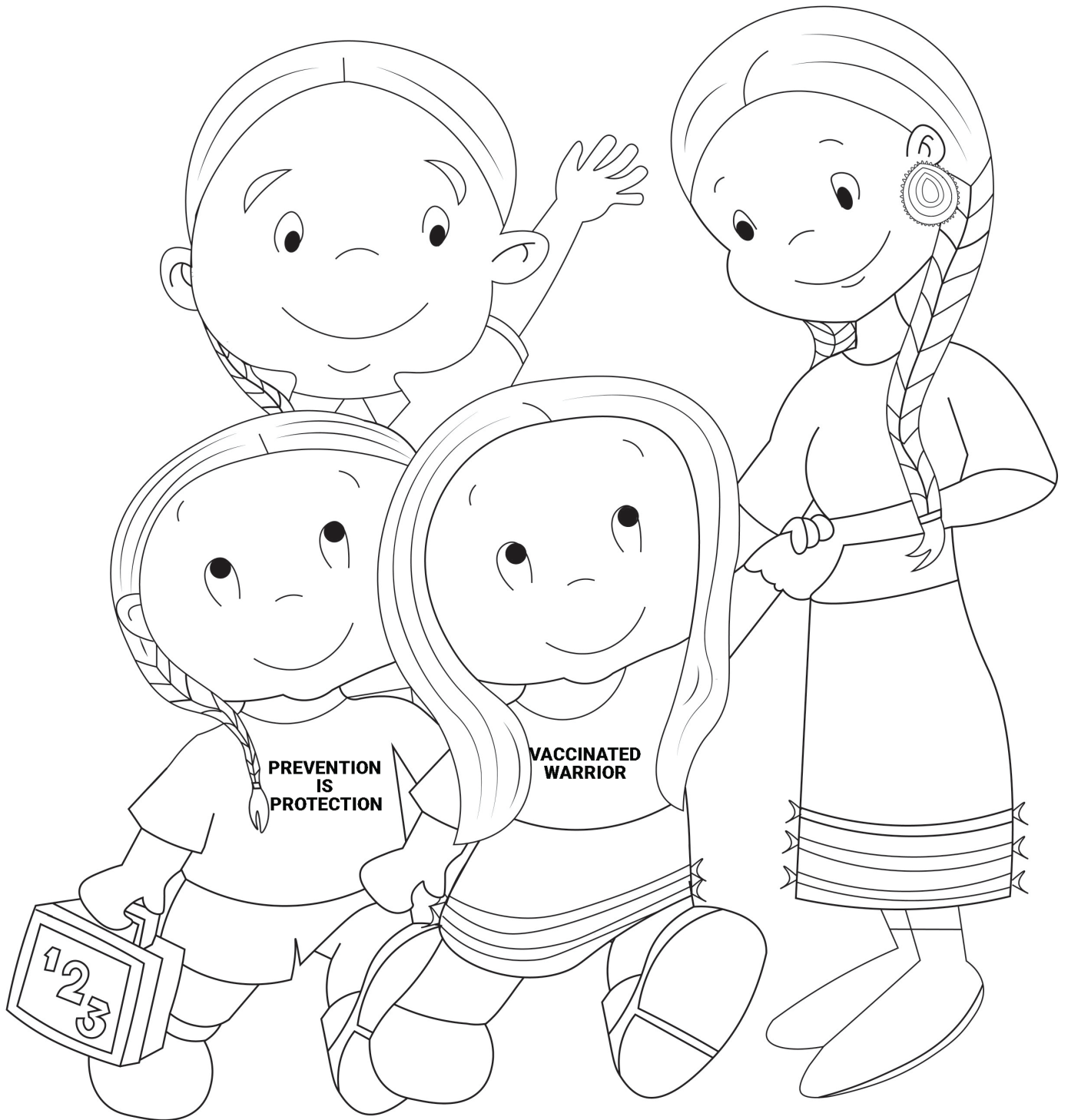


I made the rubella and rotavirus vaccines. I was working at the Children's Hospital of Philadelphia.

I helped make 9 of the 14 childhood vaccines. Most babies get these before they are 2 years old.



We get vaccines throughout our lives to keep us healthy!



What diseases do vaccines protect against?

S R O N Z M W F G A K A T F N
I O V D I U L K Y W L F B M W
S T A N I M D U H L U Y E D K
S A R U A P V P E B I A E Y Z
U V I G I S D B O M K F Y H S
T I C T R E U I J L E L D O Z
R R E E E R Z V S V I P Q Q K
E U L T H D O N D A Y O P K Y
P S L A T M E N I N G I T I S
E A A N H P N E U M O N I A V
Z R A U P S E L S A E M S U X
I C F S I C Q S X T U G M Q R
D Q C R D C V J L M A H P K M
L S I T I T A P E H X L I B W
I N F L U E N Z A M W S B P N

DIPHtheria
HEPATITIS
INFLUENZA
MEASLES
MENINGITIS

MUMPS
PERTUSSIS
PNEUMONIA
POLIO
ROTAVIRUS

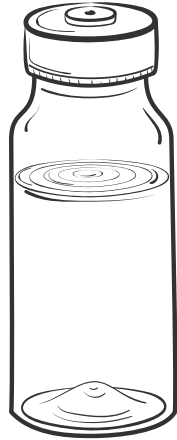
RUBELLA
TETANUS
VARICELLA

Answers can be found on the inside back cover.

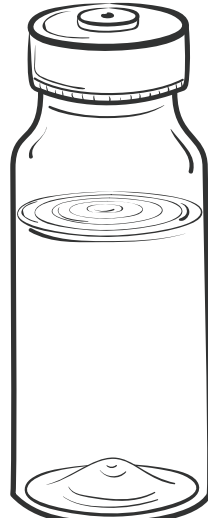
You got lots of your vaccines when you were a baby.
Have an adult help you color in the vaccines
you have had!



hepatitis B



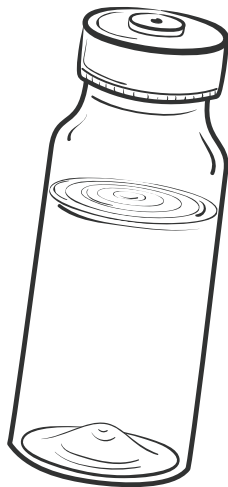
rotavirus



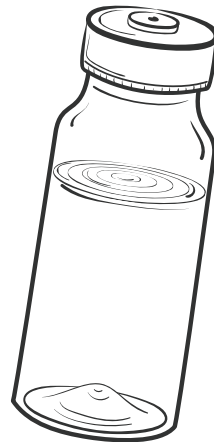
DTaP



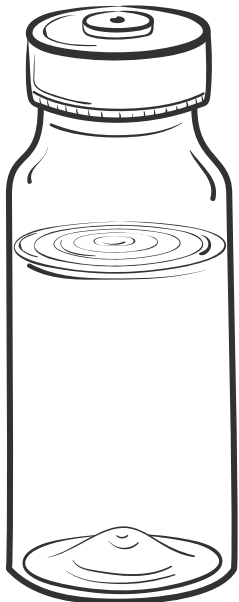
pneumococcal



flu



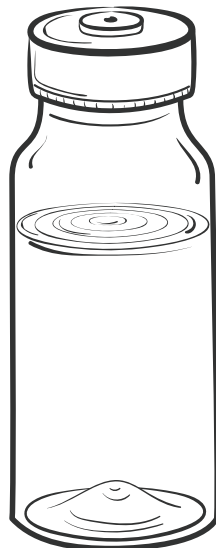
polio



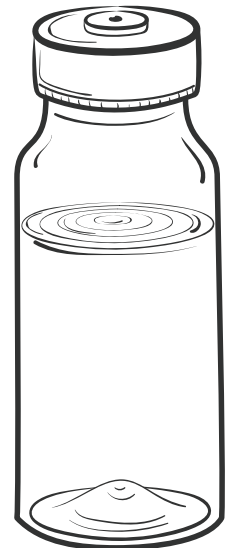
hepatitis A



MMR



chickenpox



Hib

Diseases don't enter communities where there are a lot of immune people. When you get a vaccine, you help keep diseases out of your community.
Thanks for helping to keep your community safe!



The Great Plains Tribal Epidemiology Center presents this

CERTIFICATE

OF APPRECIATION

to

write your name here

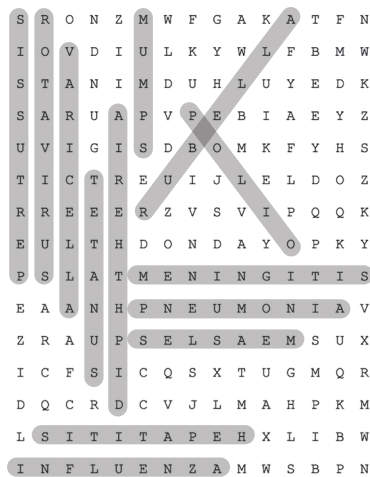
Thank you for completing the booklet, learning about vaccines, and getting your vaccines to help keep diseases out of our communities, so our relatives are safe!

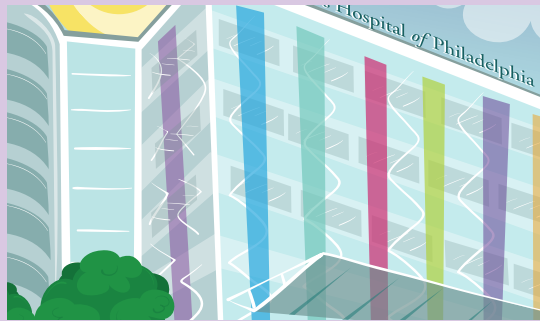


Answers to Word Unscramble on Page 4

1. HEALTHY
2. GERMS
3. VIRUS
4. BACTERIA
5. IMMUNE
6. VACCINE
7. CELL
8. SCIENCE
9. MEDICINE
10. SICK

Answers to Find-A-Word on Page 13





The original version of this book was produced by the
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with the Great Plains Tribal Leaders Health Board.

Scientist illustrations ©Tim Song.

For information about vaccines or to contact us,
please visit our websites:

vaccine.chop.edu
vaccine.chop.edu/parents
GreatPlainsTribalHealth.org

